

# Personal Training Pricing

**Pricing and package savings are exclusive to BayCare Fitness Center members. Not a member? Guests may purchase single sessions for an additional \$10 per visit.**

## Personal Training Individual Session Options

| Sessions  | Duration   | Price per session | Package Price |
|-----------|------------|-------------------|---------------|
| 1 Solo    | 25 minutes | \$45              | \$45          |
| 1 Solo    | 50 minutes | \$70              | \$70          |
| 1 Partner | 50 minutes | \$40 (per person) | \$80          |

## Personal Training Package Savings Options

| Sessions | Duration   | Price per session | Package Price |
|----------|------------|-------------------|---------------|
| 5 Solo   | 25 minutes | \$37              | \$185         |
| 10 Solo  | 25 minutes | \$35              | \$350         |
| 5 Solo   | 50 minutes | \$60              | \$300         |
| 10 Solo  | 50 minutes | \$56              | \$560         |
| 12 Solo  | 50 minutes | \$54              | \$648         |

## Small Group Training Package Options (Includes Group Reformer)

| Sessions | Duration   | Price per session | Package Price |
|----------|------------|-------------------|---------------|
| 1 Group  | 50 minutes | \$30              | \$30          |
| 8 Group  | 50 minutes | \$25              | \$200         |
| 12 Group | 50 minutes | \$20              | \$240         |

## Personal Training Monthly EFT\* Options

| Sessions | Duration   | Price per session | Package Price |
|----------|------------|-------------------|---------------|
| 5 Solo   | 25 minutes | \$31              | \$155         |
| 10 Solo  | 25 minutes | \$30.50           | \$305         |
| 5 Solo   | 50 minutes | \$54              | \$270         |
| 10 Solo  | 50 minutes | \$51              | \$510         |

*\*EFT is Electronic Funds Transfer, a recurring charge that automatically posts each month. EFT Pricing requires a three-month initial commitment and renews until canceled with a 30-day notice. EFT sessions and services are valid for 90 days from monthly posting date.*

**For more information or to schedule, call or visit the location nearest you today!**

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